

**17**

Healthy Veggies

Vegetables help us to grow and stay healthy. They make us strong too. We eat different parts of them.

The names of some vegetables are given at the bottom. Write them in the correct column according to their category.

a. Root Vegetables

1. Radish
2. Carrot

b. Vegetables on Creepers

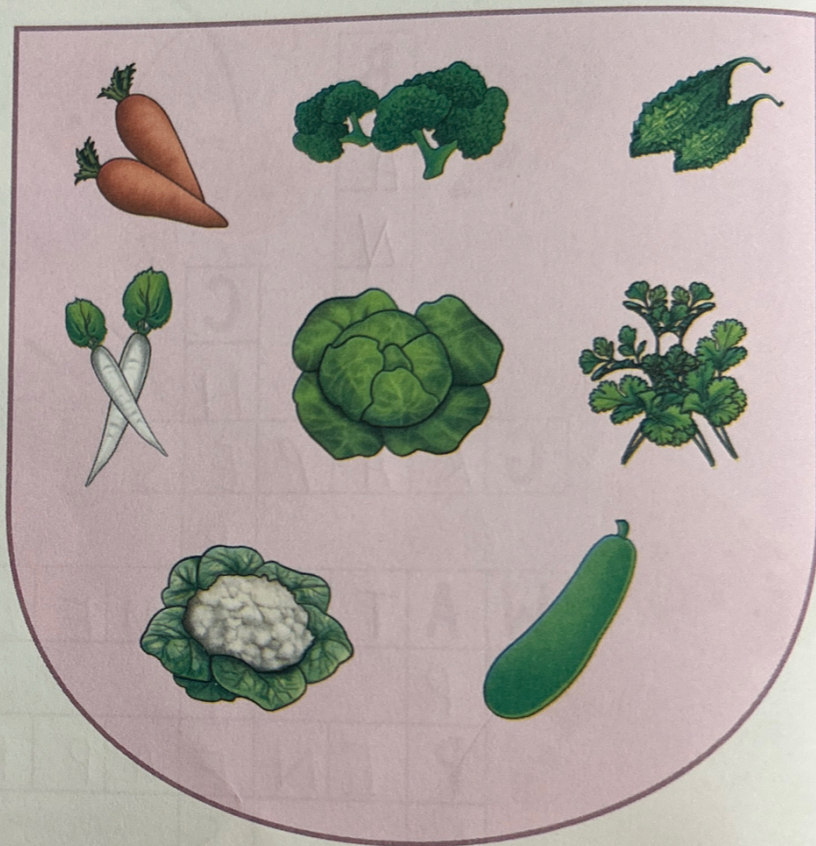
1. Bottle Gourd
2. Bitter Gourd

c. Flower Vegetables

1. Cauliflower
2. Broccoli

d. Leafy Vegetables

1. Cabbage
2. Coriander



CLUE BOX

Cauliflower	Bitter Gourd	Radish
Coriander	Cabbage	Broccoli
Bottle Gourd	Carrot	

FACT BOOSTER

Climbers like grapevine are plants that need support to stand straight.

18 World of Plants

Plants and trees give us oxygen to breathe and keep our environment clean.

Read the description and write their names from the given clue box.



1. This tree has hanging roots.
2. This plant gives us paper.
3. We eat leaves of this plant.
4. We get oil from seeds of this plant.
5. This big plant has a thick stem called trunk.
6. These plants have weak stems. They need a support to grow.
7. We get fibre from this plant.
8. This desert plant has spines on it.

Banyan

Bamboo

Cabbage

Coconut Tree

Tree

Climbers

Cotton Plant

Cactus

CLUE BOX

Tree	Cactus	Climbers	Cotton Plant
Banyan	Bamboo	Coconut Tree	Cabbage

**20**

Shrubs

Shrub is another name for bushes. These plants are of medium height and have hard and woody stems. In shrubs, you will see many branches emerging from the bottom itself.

Write the names of following shrubs with the help of clue box.

1



China rose

2



Rose plant

3



Pomegranate

4



Jasmine

5



Henna plant

6



Tulsi Plant

7



Tea Plant



CLUE BOX

Tea plant

China rose

Tulsi plant

Pomegranate

Jasmine plant

Rose plant

Henna plant

FACT BOOSTER

Herbs and shrubs are also used for making medicines. Tulsi plant is an example. It is also called holy basil.